

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



December 2023

Palm Cottages of Rockledge Assisted Living

9:30 Morning Walk 10:30 Church in Date Afternoon Snack Cottage Choice Activity	3	9:30 Morning Stretch and Affirmations 10:00 Joggin Your Noggin 10:30 Christmas Stories 1:30 Bingo and Christmas Cookies with Tom 3:30 Cards/Left center Right 6:00 Cottage Movie	4	9:30 Yoga with Ruby 10:30 Hangman 10:30 \$1 Store Shopping 11:00 Fancy Nails 1:30 Ice Cream Social 3:00 Balloon Volley 6:00 Evening Movie	5	9:30 Morning Exercise 10:00 Cards of Choice 11:00 Patio Remanence 11:00 Lunch Outing (Cracker Barrel) 1:30 Bingo 2:30 Wine Down Wednesday 3:30 Creative Corner	6	9:30 Exercise 10:00 Daily Affirmations 10:30 Team Cornhole with all Cottages and Staff 1:30 Mens Group	7	9:30 Morning Stretch 10:00 Holiday Music Sing Along 11:00 Glitter Art 1:30 Bingo 3:00 Patio Remanence 5-7 Resident and Family Holiday Party	8	9:30 Morning Exercise 10:00 Holiday music sing along. 10:30 Holiday Art 1:30 Bingo 2:30 Happy Hour 3:30 Patio Remanence 6:00 Cottage Movie/Shows	1	Evening Movie (Nightmare before Christmas) Big Screen on the Green. Bring your Snuggies.	
9:30 Morning Walk 10:30 Church in Date Afternoon Snack Cottage Choice Activity	10	9:30 Movin n Groovin 10:00 Glitter Art 11:00 Trivia 1:30 Bingo 3:00 Patio Coffee n Chat 3:30 Cards, Kings in the Corner 6:00 Cottage evening Show	11	9:30 Yoga with Ruby 10:00 States and Capitals 10:30 Publix 11:00 Fancy Nails 1:00 Resident Council 1:30 Ice Cream Social 3:00 Balloon Volley 6:00 Evening Movie	12	9:30 Morning Exercise 10:00 Cards of Choice 11:00 Patio Remanence 1:00 Holiday Concert Outing 1:30 Bingo 2:30 Wine Down Wednesday 3:30 Creative Corner 6:00 Patio Remanence	13	9:30 Morning Exercise 10:00 Hangman 10:30 Pictionary 1:30 Ladies Tea in Date 3:00 Christmas Caroling in Clubhouse 6:00 Patio Remanence	14	9:30 Morning Exercise 10:00 Holiday music sing along. 10:30 Holiday Art 1:00 Zoo Trip 1:30 Bingo 3:00 Airball 5-7 Employee Holiday Party	15	Night on the town Christmas light viewing Scenic Ride, Leaving at 6:00pm	16		
9:30 Morning Walk 10:30 Church in Date Afternoon Snack Cottage Choice Activity	17	9:30 Movin n Groovin 10:00 Glitter Art 11:00 Finish the Phrase 1:30 Bingo 3:00 Patio Coffee n Chat 3:30 Cards, Kings in the Corner 6:00 Cottage evening Show	18	9:30 Exercise 10:00 States and Capitals 10:30 Walmart 11:00 Fancy Nails 1:30 Ice Cream Social 3:00 Patio Rest 6:00 Evening Movie	19	9:30 Morning Exercise 10:00 Cards of Choice 11:00 Patio Remanence 1:30 Bingo 2:30 Wine Down Wednesday With a Comedian Show Birthday Bash and New move in Mixer	20	9:30 Morning Stretch 10:00 Holiday Music Sing Along 11:00 Glitter Art 2:00 Holiday Décor Scavenger Hunt against Cottages 6:00 Nightly Show	21	9:30 Movin n Groovin 10:00 Glitter Art 11:00 Trivia 1:30 Bingo 2:30 Happy Hour 3:30 Cards, Kings in the Corner 6:00 Cottage evening Show	22	Holiday Movie Night Showing at 6:00pm in the Clubhouse	23		
9:30 Morning Walk 10:30 Church in Date Afternoon Snack Cottage Choice Activity	24	 Christmas		25	9:30 Chair Stretch 10:00 States and Capitals 10:30 Aldis 11:00 Fancy Nails 1:30 Ice Cream Social 3:00 Cards 6:00 Evening Movie	26	9:30 Morning Exercise 10:00 Cards of Choice 11:00 Patio Remanence 1:30 Bingo 2:30 Wine Down Wednesday 3:30 Creative Corner 6:00 Patio Remanence	27	9:30 Movin n Groovin 10:00 Would you Rather 11:00 Trivia 1:30 Creative Corner 2:00 Dancers Show in CH 3:30 Cards, Kings in the Corner 6:00 Cottage evening Show	28	9:30 Movin n Groovin 10:00 Glitter Art 11:00 Finish the Phrase 1:30 Bingo 2:30 Happy Hour 3:30 Cards, Kings in the Corner 6:00 Cottage evening Show	29	Relaxing Scenic Rides, 1 at 10:00am, 2nd at 1:00pm	30	



New Year's Eve

31 All Live Music Entertainment will be in the Clubhouse including Bingo, Wine Down Wednesday, Happy Hour Is available in Cottage or Clubhouse

Presbyterian Church 3rd Tuesday
Catholic Church only the 1st and 2nd Tuesday this month held in Date @10:00am

Scenic Rides on Fridays @1pm

Merry Christmas and Happy New Year!

Activities are subject to change. do to interests and or weather.