

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

Palm Cottages Memory Care

<p>9:30 Morning Prayer 5</p> <p>10:30 Church in Date</p> <p>1:30 Chat n Walk</p> <p>2:30 Positive Affirmations</p> 	<p>9:30 Movin N Grooving 6</p> <p>10:00 Balloon Volley</p> <p>10:30 Hand Massages</p> <p>1:30 Bingo (CH)</p> <p>2:30 Creative Corner</p> <p>3:30 Patio Reminisce</p> <p>6:30 Evening Movie</p>	<p>9:00 Sing Along 7</p> <p>10:00 Walmart Trip</p> <p>10:30 Yoga with Ruby (CH)</p> <p>10:30 Bird Watching</p> <p>11:30 Patio Reminisce</p> <p>1:30 Posh Nails</p> <p>2:30 Treat Food Forum</p> <p>3:30 Gell Pen Art</p> <p>6:30 Aroma and Rest</p>	<p>9:30 Morning Exercise 8</p> <p>10:00 Sing Along</p> <p>10:30 Bean bag Toss</p> <p>11:00 Balloon Volley</p> <p>1:30 Bingo</p> <p>2:30 Wine Down Wednesday (CH)</p> <p>4:30 Family Night, Meet n Greet new team members. Live music by percy</p>	<p>9:30 Morning Stretches 2</p> <p>10:00 Nature Walk n Talk</p> <p>11:00 Creative Art</p> <p>1:30 Ladies Tea (DATE)</p> <p>2:30 Bean Bag Toss</p> <p>3:30 Patio Bird Watching</p> <p>6:30 Evening Calm Movie</p>	<p>9:30 Morning Exercise 3</p> <p>10:00 Sing Along</p> <p>10:30 States and Capitals</p> <p>11:00 Balloon Volley</p> <p>1:30 Bingo</p> <p>2:30 Happy Hour (CH)</p> <p>3:30 Patio Reminisce</p> <p>6:30 Evening Movie</p>	<p>9:30 Morning Hymns 4</p> <p>10:30 Nature Walk</p> <p>1:30 Ice Cream Yummy</p> <p>3:00 Patio Reminisce</p> 
<p>9:30 Morning Prayer 12</p> <p>10:30 Church in Date</p> <p>1:30 Chat n Walk</p> <p>2:30 Positive Affirmations</p> 	<p>9:30 Movin N Grooving 13</p> <p>10:00 Balloon Volley</p> <p>10:30 Hand Massages</p> <p>1:30 Bingo (CH)</p> <p>2:30 Creative Corner</p> <p>3:30 Patio Reminisce</p> <p>6:30 Evening Movie</p>	<p>9:00 Sing Along 14</p> <p>10:00 \$ Dollar Store Trip</p> <p>10:30 Yoga with Ruby (CH)</p> <p>10:30 Bird Watching</p> <p>11:30 Patio Reminisce</p> <p>1:30 Posh Nails</p> <p>2:30 Corn Hole Tournament (Outside) all Cottages</p> <p>3:30 Gell Pen Art</p> <p>6:30 Aroma and Rest</p>	<p>9:30 Morning Exercise 15</p> <p>10:00 Sing Along</p> <p>10:30 Pictionary</p> <p>11:00 Balloon Volley</p> <p>1:30 Bingo</p> <p>2:30 Wine Down Wednesday (CH) music by Ash</p> <p>3:30 Patio Reminisce</p> <p>6:30 Evening Movie</p>	<p>9:30 Morning Exercise 16</p> <p>10:00 Scenic Ride</p> <p>10:00 Team Volleyball (OUTSIDE) with all Cottages</p> <p>1:30 Pictionary</p> <p>2:00 Hand Massages & Aromatherapy</p> <p>3:30 Patio Reminisce</p> <p>6:30 Evening Movie</p>	<p>9:30 Morning Exercise 17</p> <p>10:00 Sing Along</p> <p>10:30 Find 5 Things</p> <p>11:00 Balloon Volley</p> <p>1:30 Bingo</p> <p>2:30 Happy Hour (CH) Music by Fred</p> <p>3:30 Patio Reminisce</p> <p>6:30 Evening Movie</p>	<p>9:30 Morning Hymns 18</p> <p>10:30 Nature Walk</p> <p>1:30 Ice Cream Yummy</p> <p>3:00 Patio Reminisce</p>
<p>9:30 Morning Prayer 19</p> <p>10:30 Church in Date</p> <p>1:30 Chat n Walk</p> <p>2:30 Positive Affirmations</p> 	<p>9:30 Movin N Grooving 20</p> <p>10:00 Balloon Volley</p> <p>10:30 Hand Massages</p> <p>1:30 Bingo (CH)</p> <p>2:30 Creative Corner</p> <p>3:30 Patio Reminisce</p> <p>6:30 Evening Movie</p>	<p>9:00 Sing Along 21</p> <p>10:00 Publix Trip</p> <p>10:30 Yoga with Ruby (CH)</p> <p>10:30 Bird Watching</p> <p>11:30 Patio Reminisce</p> <p>1:30 Posh Nails</p> <p>2:30 Treat Food Forum</p> <p>3:30 Gell Pen Art</p> <p>6:30 Aroma and Rest</p>	<p>9:30 Morning Exercise 22</p> <p>10:00 Sing Along</p> <p>10:30 Hangman</p> <p>11:00 Balloon Volley</p> <p>1:30 Bingo</p> <p>2:30 Wine Down Wednesday (CH)</p> <p>3:30 Patio Reminisce</p> <p>6:30 Evening Movie</p>	<p>9:30 Morning Exercise 23</p> <p>10:00 Scenic Ride</p> <p>10:00 Team Volleyball (OUTSIDE) with all Cottages</p> <p>1:30 Pictionary</p> <p>2:00 Hand Massages & Aromatherapy</p> <p>3:30 Patio Reminisce</p> <p>6:30 Evening Movie</p> <p>Thanksgiving Day (US)</p>	<p>9:30 Morning Exercise 24</p> <p>10:00 Sing Along</p> <p>10:30 Bowling</p> <p>11:00 Cottage Scavenger Hunt</p> <p>1:30 Bingo</p> <p>2:30 Happy Hour (CH)</p> <p>3:30 Patio Reminisce</p> <p>6:30 Evening Movie</p>	<p>9:30 Morning Hymns 25</p> <p>10:30 Nature Walk</p> <p>1:30 Ice Cream Yummy</p> <p>3:00 Patio Reminisce</p>
<p>9:30 Morning Prayer 26</p> <p>10:30 Church in Date</p> <p>1:30 Chat n Walk</p> <p>2:30 Positive Affirmations</p>	<p>9:30 Movin N Grooving 27</p> <p>10:00 Balloon Volley</p> <p>10:30 Hand Massages</p> <p>1:30 Bingo (CH)</p> <p>2:30 Creative Corner</p> <p>3:30 Patio Reminisce</p> <p>6:30 Evening Movie</p>	<p>9:00 Sing Along 28</p> <p>10:00 Bealls Trip</p> <p>10:30 Yoga with Ruby (CH)</p> <p>10:30 Bird Watching</p> <p>11:30 Patio Reminisce</p> <p>1:30 Posh Nails</p> <p>2:30 Golfing Tournament (Outside) All Cottages</p> <p>3:30 Gell Pen Art</p> <p>6:30 Aroma and Rest</p>	<p>9:30 Morning Exercise 29</p> <p>10:00 Sing Along</p> <p>10:30 Finish the Phrase</p> <p>11:00 Balloon Volley</p> <p>1:30 Bingo</p> <p>2:30 Wine Down Wednesday (CH)</p> <p>3:30 Patio Reminisce</p> <p>6:30 Evening Movie</p>	<p>9:30 Morning Exercise 30</p> <p>10:00 Scenic Ride</p> <p>10:00 Team Volleyball (OUTSIDE) with all Cottages</p> <p>1:30 Pictionary</p> <p>2:00 Hand Massages & Aromatherapy</p> <p>3:30 Patio Reminisce</p> <p>6:30 Evening Movie</p>	<p>Wednesdays we will have Pet Therapy Presbyterian Church the 3rd Tuesday Catholic Church Every Wednesday @ 9:30 in Date Friends and Family we encourage you to join us for Activities with your loved one. Also Music Entertainment will be added and held in (CH) Be on the lookout for our Family Night Flyer Date/Time Meet and Greet our new Team Members</p>	

Activities are Subject to Change.